

Wichita Heights High School

Summer Strength/Conditioning & Activities Calendar

Begins Tuesday, June 1st, 2021

Boys Strength & Conditioning 7 a.m – 9 a.m. Coach Dingle ddingle@usd259.net @WHtsFootball

Girls Strength & Conditioning 9 a.m. – 10 a.m. Coach Bogovic cbogovic@usd259.net @CBogovic

Summer Activities by Sport

Sport	Head Coach	Email Address	Twitter	First Date	End Date	Days	Start Time	End Time	Location 1	Location 2
Baseball	Eric Hansen	ehansen@usd259.net	WHtsBaseball	6/1/2021	7/22/2021	M,T,Th	6:00 AM	8:00 AM	W.Room	Cages
Football	Dominick Dingle	ddingle@usd259.net	WHtsFootball	6/1/2021	7/16/2021	Mon-Thurs	7:00 AM	9:00 AM	W.Room	Turf
Volleyball	Caitlin Bauer	cbauer2@usd259.net	WHtsVolleyball	6/1/2021	7/22/2021	Mon-Thurs	7:00 AM	9:00 AM	M. Gym	W. Room
Wrestling	Todd Sacquitne	tsacquitne@usd259.net	WHtsWrestling	6/1/2021	6/24/2021	M,T,Th	7:00 AM	10:15 AM	W. Room	Wr. Room
Cheer	Trista Rusk	trusk@usd259.net	CheerHeights	5/26/2021	6/30/2021	Tue/Thurs	8:00 AM	10:30 AM	Outside	Outside
Softball	Laykyn Lindsay	llindsay@usd259.net	WHtsSoftball	6/7/2021	7/12/2021	Mon-Thurs	8:00 AM	10:00 AM	SB Field	W.Room
Pommies	Matt Kelly	mkelly@usd259.net	WHtsPommies	6/1/2021	6/4/2021	Mon-Fri	9:00 AM	11:00 AM	Commons	
Girls Basketball	Ken Palmer	kpalmers@usd259.net	WHtsGBasketball	6/1/2021	7/22/2021	Mon-Thurs	9:00 AM	12:00 PM	W. Room	NE Mag
Boys Basketball	Joe Auer	jauer@usd259.net	Heights Hoops17	6/1/2021	7/22/2021	Vary	3:30 PM	5:30 PM	M. Gym	
Boys Soccer	Cliff Fox	cfox2@usd259.net	WHtsBoysSoccer	6/8/2021	7/22/2021	Tue/Thurs	6:30 PM	8:30 PM	Turf	
Cross Country	Brandon McMillen	bmcmillen@usd259.net	WHtsXC	6/8/2021	7/22/2021	Tue/Thurs	7:00 PM	8:30 PM	Track	Turf

****Each School Will have Varying Team Camps, Work-outs, Games, etc. not listed and not at Heights. Contact Coaches for details.**