

TITAN ANNOUNCEMENTS

Monday May 17th, 2021 Pledge of Allegiance

TITAN SPORTS

- Monday 5.17.21 Soccer @Heights 4:30PM
- Wednesday 5.19.21 Softball @Garden City 3:00PM
- Friday 5.21.21 Track @Garden City 3PM

It is Mental Health Awareness Week! Starting today May 17th to May 21st. Wear the color of each day to bring awareness to the different mental health disorders. Monday - Anxiety and PTSD (wear teal), Tuesday - Eating Disorder (wear purple), Wednesday - Bipolar Disorder (wear black and white stripes), Thursday - Substance Use Disorder (wear red), Friday - Depression (wear green). Post a picture on social media and use the tag #studentsempoweringweek. Follow @StuEmpowerment on social media to learn more about the disorders each day.

Girls Basketball Summer Conditioning will start June 1st at 9am and go until 11am on Monday, Tuesday, and Thursdays.

Do you want to get in shape, build confidence & mental strength, and be a part of a team? Consider going out for cross country in the fall! No experience needed! We will run on Tuesdays and Wednesdays this summer starting Tuesday, June 1. Meet at the flagpole at 7 am and make sure you have a physical first. See Coach Goering or Coach Westhoff, both in K Hall, if you have questions.

FACTS ABOUT MONDAY

- There are usually 52 Mondays in a year.
- Hershey Chocolate Company made the first kisses on a Monday.



JOKE OF THE DAY

How do hens feel
on Mondays?
Eggshausted.

