

# TITAN ANNOUNCEMENTS

## Thursday May 20th, 2021 Pledge of Allegiance

**TITAN SPORTS**

- Friday 5.21.21 Track @Garden City 3PM

It is Mental Health Awareness Week! Wear the color of each day to bring awareness to the different mental health disorders. Thursday - Substance Use Disorder (wear red), Friday - Depression (wear green). Post a picture on social media and use the tag #studentsempoweringweek. Follow @StuEmpowerment on social media to learn more about the disorders each day.

### **Girls Basketball Summer Conditioning will start June 1st at 9am and go until 11am on Monday, Tuesday, and Thursdays.**

Do you want to get in shape, build confidence & mental strength, and be a part of a team? Consider going out for cross country in the fall! No experience needed! We will run on Tuesdays and Wednesdays this summer starting Tuesday, June 1. Meet at the flagpole at 7 am and make sure you have a physical first. See Coach Goering or Coach Westhoff, both in K Hall, if you have questions.



#### **Facts About Doughnuts**

- Over 10 billion doughnuts are made in the U.S. each year.
- A Russian immigrant named Adolph Levitt invented the first doughnut machine in 1920, using it to make the doughnuts at his bakery in New York City.

**JOKE OF THE DAY**

Why couldn't the  
Teddy Bear eat his  
donut?  
He was stuffed.

