

ENRICHMENT COURSE OPTIONS

2018-19

These options are for students who are not enrolled in an intervention class: Tier 2 or Tier 3 reading or math. Eligible students will be allowed no more than one enrichment class.

The Evolution of Modern Music and American Society

We will study the relationship between modern music trends and the corresponding shifts in American culture. We will start our studies in 1920s America and finish in the 2010s. We will focus on a variety of music types including Jazz, Blues, Big Band Swing, Rock, Country, Disco, Reggae, and Rap. The only prerequisite is that you must be open-minded to all music genres.

Project Based History Enrichment

In this class, students will be doing hands-on projects as a fun way to connect with history. There never seems to be enough time in the regular classroom to do a lot of the “fun” projects students enjoy related to social studies. Topics will include those discussed in social studies class, but will go into areas there isn’t time for. Projects will be made from papier-mâché, clay, pastels, paint, and cardboard, among other things. There will also be some electronic projects as well, such as creating brochures, presentations, videos, etc. Students will be reading and researching about the topics to learn more in order to create the projects. Some examples of projects include making paper, Egyptian canopic jars, Greek hoplite shields, Seven Wonders of the World display, etc.

Chamber Orchestra

The Mayberry Chamber Orchestra is an audition only group for 7th & 8th grade orchestra students who love to play and would like an opportunity to perform more advanced music in a small setting. Music performed will range from classical to light pop. The group is limited to 6 violinists, 3 viola players, 3 cellists, and 1 string bass player. This group will perform at all orchestra concerts, solo/ensemble festival and other venues as opportunities arise.

Knitting for All

Knitting is a highly desirable life skill. Knitting is an ancient art form dating back to the ancient Egyptians and has been practiced over the centuries by men and women alike. Knitting has been proven to reduce symptoms of stress, anxiety and depression. Knitting increases mindfulness and sense of wellness. Knitting improves fine motor functions and stimulates brain activity. Knitting is a fun hobby you can take with you almost anywhere. Knitters receive a tremendous sense of pride and confidence in their finished projects. It's always fun to give away hand knit projects to loved ones as gifts. Most importantly, just about anyone can learn to knit! Knitting for All will focus on the history of fiber arts, identification of different types of fiber, how fiber is transformed into yarn, and a variety of knitting techniques. When finished with the course, students will have completed a washcloth, a scarf, and a hat.

Girls' Yoga Enrichment

This class will begin with and is designed as an introduction to the practice of yoga. Class begins at a slower pace than an all-levels class, and focused on developing clear and safe alignment in foundational poses. Students will learn, play and maybe even break a sweat in a supportive environment. Students will maintain awareness and focus on their breath while moving through a series of postures. The sequence of postures may be different from day to day, but always follow a progression that moves from basic to more challenging. Students will also practice deliberate stillness and conscious rest. As the body rests muscle tension begins to unravel, stress begins to melt away and the mind begins to quiet. This class is a practice of actively cultivating the attitude of letting go and will help teach students to learn how to deeply relax. Time-permitting, we will introduce students to Pilates while staying with a yoga practice. Enjoying the best of both worlds, we will explore the precision and control required in the Pilates method, laying a foundation for advancing our practice and building the core strength that inevitably follows, and finding calmness.

Zoology

Students will learn about all the classes of animal phyla which include all invertebrates and vertebrates. They will learn about classification, reproduction, and the structure and function of each group. These include bacteria, protists, fungi, sponges, cnidarians, worms, arthropods, mollusks, echinoderms, fish, amphibians, reptiles, birds, and mammals. The course will include hands on explorations, some dissections, art, notes, reading, tests, and inquiry.

Art History

In this semester long course, students will be exposed to art from diverse cultures throughout history. Nine weeks will be devoted to art from prehistory to the renaissance, and nine weeks focused on baroque style to contemporary art. In each unit students will read, discuss, and write about the artwork being studied, with a focus on art criticism and visual thinking strategies. The unit will end with a short art project in the style of the art being studied. At the end of each quarter students will compile their written work and images of their art to create a portfolio of learning.

Geek Pop Culture: Sci-Fi, Graphic Novels, Minecraft and More!

My class will revolve around the culture of the Pop Culture of Sci-Fi, graphic novels, and Minecraft. Topics we will discuss will be Star Wars and Literature, the Science Fiction of Star Trek turned into today's reality, the Gringott's method of money exchange, Time Travel in a TARDIS (Dr. Who), the heroes and villains of the DC and Marvel universes, and a practical use of Minecraft as an instructional tool for mathematics and programming. Students will also make LEGO stop-motion films. Each section will either have a research presentation, or product that the student will produce based on the unit. Along with these topics, a better understanding of Digital Citizenship and Internet Safety will be

developed as well as time management and research skills. If time allows students might receive instruction on the strategies behind the game of chess.

Women's Studies

The class will focus on empowering young female students through literature, history, and current events. Students will learn about female empowerment through stories of powerful woman such as Maya Angelou, Malala Yousafazi, Susan B. Anthony, Oprah, Beyoncé and more.

Exploring Culture through Dance and Rhythmic Motion

This class will include a wide range of dance forms and styles that reflect various geographic centers, history, and traditions from around the world. Students will research and identify the cultural significance and social importance of dance. Student will be required to physically learn, demonstrate, and perform the cultural dances. Students will be required to create a presentation demonstrating a conceptual dance of their own. This will be done individually and in small groups.

Culinary Arts: The Art and Science of Cooking

Culinary Arts is a nutrition and cooking course. Students will learn about portion size, proper and healthy meal planning, actual cooking skills, and the science behind it all. Students will learn different cooking techniques as well. The course starts off with basics, such as the different food groups and unit conversions but will also include a culinary 'lab'. In the lab, students will plan and make a recipe at least every other week.

SETCLAE: Self-Esteem through Culture Leads to Academic Excellence

Welcome to SETCLAE! This program was designed to help achieve excellence in your studies in school by making you aware of your history and goals to strive towards. SETCLAE should also help you achieve self-esteem and develop love for your family, friends, classmates and communities. You will address the meaning of your favorite songs, relationships with your friend and family, your feelings about school, what it means to be a man or woman, and some very important, enlightening lessons regarding African and African-American history and culture. We will supplement the curriculum with "Social and Emotional Learning" Essential Lessons for Student Success. Learning topics include but not limited to; Self-awareness, Emotions, Cognition, Peer Relationships, Stress, Bullying, and Communication Skills

Hip Hop Songwriting

This class offers an opportunity to explore the components of writing a song based on a select theme—putting those words to a beat ("making a beat") using computer software, with a completely finished song by the end of the nine weeks. Coach Patton will co-teach this class.

Gross Science

Explore the world of Science. Science can be stinky, slimy, and just down right gross. You will learn about all kinds of Gross Science.

Culture of Sports

We will be studying aspect of sports including: the science behind sports; safety and issues in sports; learning the rules of different sports; and using sports as motivation.

Music and Pop Culture Seminar

This class will take an in-depth look at pop culture and how music determines which people, places or things become popular. Also, we will use media and the web as a resource to examine the influence of teens on music and popular culture.

Holes Novel Study

Students will participate in a projects based novel study over Louis Sachars' book *Holes*. Since the story line involves a juvenile detention facility, Camp Green Lake, along the way we will also explore the positives and negatives of juvenile and adult criminal rehabilitation systems in our society. If time allows, we will read the sequel to *Holes*, which is *Small Steps*. This book examines the later lives of 2 characters from *Holes'* Camp Green Lake, Arm Pit and X-Ray, who continue to struggle with getting involved in criminal activity.

The Hero's Journey

This class will look at stories, ancient and modern, to discover common themes and ideas known as the *Monomyth*. The monomyth is a structure that almost all (Western) stories follow. Examples of the monomyth include: *The Epic of Gilgamesh*, *The Odyssey*, *Beowulf*, *Harry Potter*, *Star Wars* and *The Lion King*.

****This course will require A LOT of independent reading and writing, high-level comprehension and application of the information (not just telling the plot) and near-perfect attendance because the lecture, video and discussion can't be made up or learned fully from copying notes.**

Creative Writing

This class is for students who enjoy writing as a form of art and personal expression. Students will design, edit, and contribute writing pieces to Mayberry's new literary magazine. Our topics will include the monthly magnet focus set by the building. The literary magazine will come out once each quarter and will include art and photography as well.