

# GUÍA DE RECURSOS

EL OTOÑO 2020



United Way of the Plains

Una guía rápida de servicios básicos en el Condado de Sedgwick County, KS

- La información provéida es un servicio a la comunidad y no está necesariamente endorsada o aprobada por United Way of the Plains.
- Esta no es una lista completa de recursos y la información se actualiza periódicamente; Para obtener los listados más actualizados, llámenos al 2-1-1 o visite 211kansas.org.

## INFORMACIÓN Y REFERENCIA PARA AYUDA

Connecting Point.....	267-3535
Independent Living Resource Center.....	942-6300
Kansas Legal Services.....	265-9681
Long Term Care Ombudsman (nursing homes).....	347-1429
Recursos para padres gerencia del enojo.....	2-1-1
Passageways (veteranos).....	721-1316
Aging and Disability Resource Center.....	(855)200-2372
Sedgwick County Developmental Disability Org.....	660-7630
WSU Community Engagement Inst (grupos de apoyo).....	978-3843
Senior Info-Line.....	267-0122
Dept for Children and Families (DCF).....	337-7000
Reportar abuso.....	(800) 922-5330
Wichita Area Sexual Assault Center.....	263-3002
Wichita Transit Bus Schedule.....	265-7221

## REFUGIOS

### Refugios para personas sin hogar / Vivienda de transición

St. Anthony Family Shelter, Catholic Charities, Inc.....	264-7233
Homeless Resource Center (Refugio de Dia).....	265-9371
Harbor House (violencia domestica).....	263-6000
HumanKind Inn.....	264-8051
Salvation Army, Homeless Services (mujeres y niños) ...	263-2196
Union Rescue Mission (hombres solamente).....	687-4673
Wichita Family Crisis Center (violencia domestica).....	267-7233

### Renta Y Utilidades\*

Center of Hope.....	267-0222
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\*Applicants should be aware that requests often exceed available funding.

### Muebles

His Helping Hands (por remisión solo).....	838-8528
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## ROPA

Bread of Life (Mar 10am -1:45pm).....	689-6866
Dellrose United Methodist Church (llamar).....	684-5182
Table of Hope Community Church (Mar 1-6 pm).....	267-1852
His Helping Hands (Sab 9-11:30am).....	838-8528
Immanuel Baptist Church (Juev 9-11 am).....	262-1452
Jehovah Jireh (Juev/Vier 1-2:30pm & Sab 9am-10:30am).....	312-9903
Klothes Kloset (Lun, Mier, Vier 9am-2pm).....	265-9371

## COMIDA

### Bancos de Comida

Bread of Life (Mar 10am-1:45pm).....	689-6866
Convoy of Hope (Juev 2-6pm).....	522-7148
Giving Center (8-11am Mar & Mi, 5-7pm Juev).....	554-8924
Our Daily Bread – CC (8:30am–12pm M-J & 4th Sab).....	264-8344
Grace Revolunter (5:30-6:30pm 2 <sup>nd</sup> & 4 <sup>th</sup> Lun).....	990-5819
Community Food Ministry (L-V 9-11:45am & 1-3:45pm).....	267-4201
Loaves & Fishes @Table of Hope (Mar 1-6pm).....	267-1852
Hillside Christian (Juev 9-10:30am).....	683-6577
His Helping Hands (1st & 3rd Mar 4:30-6:30pm).....	838-8528
New Beginnings (Mier 1-3pm).....	267-6504
Salvation Army (llame por más detalles).....	263-2769
Simple House (Mar 9:30am-12:15pm).....	265-9653
Union Rescue Mission (por cita).....	687-4673
Westside Good Neighbor Center (Mier 8:30-11:30am).....	942-7349

### Comidas Calientes/Almuerzo en Bolsa

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5	1,2,5,7,9	1,5,6,7	1,5,7	1,3,5,7	1,5,7	5,8,4

1 Homeless Resource Center, 402 E. 2nd N.....	265-9371
Se sirve almuerzo. Regístrese antes de 11:15 am	
2 College Crest Church of Christ, 2615 N Wellsley.....	686-1981
Se sirve almuerzo de 11 am – 1 pm	
3 Grant Chapel, 2750 N. Hillside.....	685-2682
Se sirve almuerzo de 12 pm – 1 pm	
4 First Presbyterian Church, 525 N Broadway St.....	263-0248
Se sirve desayuno 8-9:30 am 1 <sup>st</sup>	
5 Lord's Diner, 520 N. Broadway and 2825 S. Hillside.....	266-4966
Se sirve la cena, 5:30 pm – 7:30 pm	
6 Tabernacle Bible Church, 1817 N. Volutsia.....	681-3954
Se sirve almuerzo de 11:30 am – 12:45 pm	
7 Breakthrough, 1010 N. Main.....	269-4160
Desayuno 8:15-9am Lun – Vier.	
8 St. Paul Lutheran Church, 925 N. Waco.....	263-0810
Se sirve desayuno 8-9:30 am 2-5 <sup>th</sup>	
9 Chisholm Church of Christ (Heritage Park 115 E. William).....	683-1313
Se sirve la cena 5:00 pm	

TELÉFONO: Dial 2-1-1; EN LÍNEA: 211kansas.org

## ENTRENAMIENTO DEL EMPLEO Y DEL TRABAJO

Wichita SG County Community Action Partnership.....	462-3775
Breakthrough (referral by DCF only).....	269-4160
Job Corps Outreach Center.....	771-6778
KANSEL.....	263-9620
Senior Employment (Senior Services, Inc. of Wichita)....	267-1771
Wichita Workforce Center.....	771-6800

## NIÑOS Y JOVENES

0-5 Early Childhood Programs.....	682-1853
Big Brothers/Big Sisters of Sedgwick County, Inc.....	263-3300
Boys & Girls Club of South Central Kansas, Inc.....	687-5437
Boy Scouts of America (Quivira Council).....	264-3386
CASA of Sedgwick County.....	866-2920
Child Advocacy Center.....	660-9494
Children's Services – MHA.....	685-1821
Pando Initiative.....	973-5110
Connecting Point.....	267-3535
Girl Scouts of the Kansas Heartland.....	684-6531
Boys Town National Hotline.....	(800) 448-3000
4H Youth Program.....	660-0100
Healthy Babies – Sedgwick County Division of Health. ..	660-7433
Heartspring.....	634-8700
Kansas Children's Service League.....	942-4261
Kansas Society for Children with Challenges.....	262-4676
Parent HelpLine.....	(800) 332-6378
Parents as Teachers.....	973-5160
Rainbows United, Inc.....	267-5437
Saint Francis Ministries.....	831-0330
Dept for Children & Families (Abuse).....	(800) 922-5330
Volunteer Center, United Way of the Plains.....	267-0202
Wichita Children's Home.....	684-6581
Wichita's Littlest Heroes.....	409-5848
WIC (Women, Infants, & Children) Program.....	660-7444
Wichita Area Sexual Assault Center (WASAC).....	263-3002
YMCA.....	264-1610

## Artículos para Bebé

A Better Choice.....	685-5757
Birthline, Inc.....	265-0134
Community Services – UMOD.....	267-4201
SAFE KIDS (car seats).....	268-6760
Union Rescue Mission (diapers & formula).....	687-4673

## CONSEJEROS Y SALUD MENTAL

Center City (COMCARE Homeless Program).....	660-7800
Center on Family Living, Friends University.....	295-5638
COMCARE of Sedgwick County.....	660-7540
Cana Counseling Services.....	263-6941
CRISIS INTERVENTION (Suicide Hotline).....	660-7500
Counseling and Mediation Center.....	269-2322
Breakthrough.....	269-4160
Family & Children Community Services–COMCARE.....	660-9600
HealthCore Clinic.....	691-0249
Higher Ground.....	262-2060
HopeNet, Inc.....	684-4673
Mental Health Association of South Central KS.....	685-1821
Psychology Clinic, Wichita State University.....	978-3212
KCSL Outpatient Mental Health - East.....	686-6671
Word of Life Counseling Center.....	619-5589

## MÉDICO

Embrace (STD testing).....	945-9400
GraceMed Health Care Clinics (all locations).....	866-2000
Guadalupe Clinic (St. Francis).....	264-8974
Guadalupe Clinic-(Hillside).....	201-1986
Harry Hynes Memorial Hospice.....	265-9441
Sedgwick County Division of Health.....	660-7300
KanCare Clearinghouse.....	(800)792-4884
KanCare Ombudsman.....	(855)643-8180
HealthCore Clinic.....	691-0249
Hunter Health.....	262-2415
KU Wichita Internal Medicine - Midtown.....	293-1840
KU Wichita Pediatrics.....	962-3100
Mayflower Clinic.....	558-3991
Cairn Health.....	683-7559
MERN (equipamiento médico, fuentes, ect).....	942-6300
Project Access.....	688-0600
My County Cares – The One Card.....	660-7673
Via Christi - Children's Miracle Network.....	946-5020

## Dentista

GraceMed Dental Clinic.....	866-2000
HealthCore Clinic.....	691-0249
Hunter Health Dental Clinic.....	269-0677
MyCounty Cares – The One Card.....	660-7673

## SERVICIOS DE ALCOHOL Y LA DROGA

Addictions Treatment @ MHA.....	652-2590
Al-Anon/Alateen.....	266-8499
Alcoholic's Anonymous (AA).....	684-3661
COMCARE Addiction Treatment Services.....	660-7877
District Attorney, Sedgwick County (Compromiso Involuntario).....	660-5769
HealthCore Clinic.....	691-0249
Higher Ground.....	262-2060
Miracles, Inc.....	303-9520
Narcotics Anonymous (NA).....	524-7775
Options Adult Services/Detox Center (hombres).....	265-6011
Pathways, Mental Health Association.....	685-1821
Preferred Family Healthcare.....	943-2051
Restoration / Knox Center, Inc.....	265-8511
Substance Abuse Center of Kansas.....	267-3825
Wichita Fellowship Club.....	265-9348
Women's Recovery Center.....	262-0505

## CONSULTACIÓN PARA DEUDA, CRÉDITO Y PRESUPUESTO

Consumer Credit Counseling.....	265-2000
Unemployment Benefits.....	383-9947

## HOGARES

Affordable Housing – H.O.P.E., Inc.....	618-8652
City of Wichita Housing Services Dept. – Section 8.....	462-3700
Habitat for Humanity, Inc.....	269-0755
Housing Services, HumanKind Ministries.....	201-4107
Mennonite Housing Rehabilitation Services Inc.....	942-4848
Residential Services – MHA.....	685-1821
Weatherization Assistance Program.....	262-7035
Woman to Woman (female ex-offenders).....	807-3172

08/19/20