



Reach a doctor 24/7

The Teladoc™ solution

Teladoc is the on-demand healthcare solution that gives you the medical care you need, when you need it. You can talk to a doctor anytime, anywhere about non-emergent medical conditions.

With Teladoc, you can talk to a doctor 24/7/365 by phone, online video or mobile app. Use Teladoc for medical advice and care when:

- ✓ **Your primary care doctor is not open.**
- ✓ **You are at home, traveling or do not want to take time off work to see a doctor.**
- ✓ **You need a prescription or refills.** *Please note, there is no guarantee you will be prescribed medication.*

There's more than one way to reach a doctor



By phone

Just call **1.800.362.2667**.



Online

Simply request a video consultation online at www.MyDrConsult.com.



On the go

You can download the Teladoc mobile app by visiting the **App Store** or **Google Play**.

Common conditions treated:

- Allergies
- Headaches/migraines
- Sinus infections
- Urinary tract infections
- Bronchitis
- Eye/ear infections
- Stomachache/diarrhea
- Many other conditions
- Cold/flu
- Rash/skin infections

Our members love Teladoc

"We had a good experience with the doctor. She called and talked to me, and gave great service. I had no problem picking up my prescription. This is a really good service."

Benefits of Teladoc



Saves time and money



Quicker recovery from illness



Convenient prescriptions



Choice of consultation method



Great health means peace of mind

Highly qualified, experienced doctors

When you use Teladoc, your medical questions will be answered by a highly qualified doctor. Teladoc doctors are:

- **Experienced**—with an average of over 10–15 years in practice.
- **Progressive**—using the latest technology to provide excellent care.
- **U.S. board certified and state licensed.**
- **Specially trained** in telemedicine.

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Contact a Teladoc physician at **1.800.362.2667**, or by visiting www.MyDrConsult.com.

