

P7503 STUDENT WELLNESS: NUTRITION GUIDELINES FOR STUDENTS

BOARD POLICY

The healthy school environment promotes wholesome, nutritious and safe foods and beverages. All foods available to students on school campuses before and during the school day will meet USDA nutrition guidelines and will be consistent with USDA regulations for Smart Snacks in School. The school day is defined as midnight through thirty minutes after the end of the school day.

Administrative Implemental Procedures:

1. School Meals will be in compliance with USDA regulations for grades pre-K through 12.
2. Every child should have, after receiving a meal, a minimum of 10 minutes to consume breakfast and 15 minutes to consume lunch.
3. Private business enterprises must be prohibited from soliciting, selling, or delivering food or drink items on school property in competition with the nonprofit Nutrition Services program.
4. Beverage/snack vending machine panels will not feature commercial messages, unless the messages are in alignment with Smart Snacks in School nutrition standards.
5. Beverage/snack vending or school stores will be allowed as per the Student Wellness Guidelines Manual.
 - a. Elementary schools – will have no beverage/snack vending sales during the school day.
 - b. Middle schools – where vending or school stores are available to students, items may be sold according to the Student Wellness Guidelines Manual.
 - c. K-8 schools – vending and school stores shall be available only to students in grades 6-8. Items may be sold according to the Student Wellness Guidelines manual.
 - d. (Move from AIP 6) High schools – where vending or school stores are available to students, items may be sold according to the Student Wellness Guidelines Manual.
6. The Director of Nutrition Services shall establish standards for all foods and beverage provided, but not sold to students during the school day, i.e., classroom parties, snacks brought by parents, or other foods given as an incentive. A list of suggested healthy foods and beverages and non-food items for fundraisers and class projects as included in the Student Wellness Guidelines Manual should be encouraged by the building principal or designee.
7. Nutrition Services *a la carte* items must meet criteria as identified in the Student Wellness Guidelines Manual.
 - a. Elementary schools may offer low fat/free milk only.
 - b. Middle schools may offer the same portion size of any food item served that day in the school breakfast and lunch programs. Other items sold (Smart Snacks) must meet criteria as identified in the Student Wellness Guidelines Manual.
 - c. High schools may offer the same portion size of any food item served that day in the school breakfast or lunch program. Other items sold (Smart Snacks) must meet criteria as identified in the Student Wellness Guidelines Manual.

8. Any food sold shall be prepared and served following all applicable health codes and USDA/FSIS regulations. A list of suggested healthy foods and beverages and non-food items for fundraisers and class projects as included in the Student Wellness Guidelines Manual should be encouraged by the building principal or designee. The Student Wellness Guidelines Manual is located on the Nutrition Services web page of the district web site.
9. USD 259 will not permit food and/or beverages to be served (direct or vending) 30 minutes prior to or during the designated breakfast or lunch periods in the lunchroom or cafeteria dining area except as operated by the Nutrition Services Department. The sale of restricted categories of foods of minimal nutritional value during meal periods in any areas where reimbursable meals are served or sold will not be permitted. The Student Wellness Guidelines Manual identifies the restricted categories of foods of minimal nutritional value.
10. Food and beverages may be used in moderation as rewards or incentives.
A list of suggested healthy foods and beverages for classroom activities such as learning strategies, and for school events such as celebrations and meetings, will be provided to parents and teachers. The list shall be included in the Student Wellness Guidelines Manual.

Administrative Responsibility: Operations Division - Nutrition Services; Assistant
Superintendents for Secondary and Elementary Schools
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