

How do you get started?

1. Go to <http://turnitin.com/>
2. Enroll in the CAS class that corresponds with your year of graduation – see list below
 - o Class of 2020: **Class ID 13562097** and **password CLOSED**
 - o Class of 2021: **Class ID 15357936** and **password EHS2021**
3. It is very important you identify an email address you regularly monitor; you will need to do this to receive messages regarding your CAS submission.
4. Your CAS progress can be monitored by viewing the spreadsheet (listing students by ID number). This document will be posted on the East High CAS website <http://cas.east.usd259.org/>.

Use the specific form we have created to document and justify CAS projects/activities by:

1. Providing a complete description of the project/activity
2. Indicating which CAS learner outcomes (up to 3) were addressed
3. Indicating whether the project/activity was (1) Creativity (2) Action (3) Service
4. Indicate the number of “hours” you participated in the event/project
5. Providing a thorough reflection
6. Contact information of a supervising adult (cannot be parent/guardian)

Students need to determine which of the follow **7 OBJECTIVES** will be accomplished when the event/project is complete. As a result of the student participating in the event/project, the student must be able to substantiate on or more of the follow:

1. **Identify own strengths and develop areas for growth** - Students are able to see themselves as individuals with various abilities and skills, of which some are more developed than others.
2. **Demonstrate that challenges have been undertaken, developing new skills in the process** - A new challenge may be an unfamiliar experience or an extension of an existing one. The newly acquired or developed skills may be shown through experiences that the student has not previously undertaken or through increased expertise in an established area.
3. **Demonstrate how to initiate and plan a CAS experience** - Students can articulate the stages from conceiving an idea to executing a plan for a CAS experience or series of CAS experiences. This may be accomplished in collaboration with other participants. Students may show their knowledge and awareness by building on a previous experience, or by launching a new idea or process.
4. **Shown commitment to and perseverance in CAS experiences** - Students demonstrate regular involvement and active engagement in CAS.
5. **Demonstrate the skills and recognize the benefits of working collaboratively** - Students are able to identify, demonstrate and critically discuss the benefits and challenges of collaboration gained through CAS experiences.
6. **Demonstrate engagement with issues of global significance** - Students are able to identify and demonstrate their understanding of global issues, make responsible decisions, and take appropriate action in response to the issue either locally, nationally or internationally.
7. **Recognize and consider the ethics of choices and actions** - Students show awareness of the consequences of choices and actions in planning and carrying out CAS experiences.