



# Reach a doctor 24/7

## The Teladoc™ solution

Teladoc is the on-demand healthcare solution that gives you the medical care you need, when you need it. You can talk to a doctor anytime, anywhere about non-emergent medical conditions.

With Teladoc, you can talk to a doctor 24/7/365 by phone, online video or mobile app. Use Teladoc for medical advice and care when:

- ✓ **Your primary care doctor is not open.**
- ✓ **You are at home, traveling or do not want to take time off work to see a doctor.**
- ✓ **You need a prescription or refills.** *Please note, there is no guarantee you will be prescribed medication.*

### There's more than one way to reach a doctor



#### By phone

Just call **1.800.362.2667**.



#### Online

Simply request a video consultation online at [www.MyDrConsult.com](http://www.MyDrConsult.com).



#### On the go

You can download the Teladoc mobile app by visiting the **App Store** or **Google Play**.

### Common conditions treated:

- Allergies
- Headaches/migraines
- Sinus infections
- Urinary tract infections
- Bronchitis
- Eye/ear infections
- Stomachache/diarrhea
- Many other conditions
- Cold/flu
- Rash/skin infections

### Our members love Teladoc

*"We had a good experience with the doctor. She called and talked to me, and gave great service. I had no problem picking up my prescription. This is a really good service."*

### Highly qualified, experienced doctors

When you use Teladoc, your medical questions will be answered by a highly qualified doctor. Teladoc doctors are:

- **Experienced**—with an average of over 10–15 years in practice.
- **Progressive**—using the latest technology to provide excellent care.
- **U.S. board certified and state licensed.**
- **Specially trained** in telemedicine.

### Benefits of Teladoc



Saves time and money



Quicker recovery from illness



Convenient prescriptions



Choice of consultation method



Great health means peace of mind

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Contact a Teladoc physician at **1.800.362.2667**, or by visiting [www.MyDrConsult.com](http://www.MyDrConsult.com).

