

EHS Cheer Code of Conduct

Welcome to our spirited cheerleading team! As proud members, we commit to embodying teamwork, dedication, and enthusiasm. Let's embark on this exciting journey together, uplifting our school spirit and fostering a supportive community. This contract outlines our shared responsibilities and expectations for a successful and memorable season.

*Please **initial** each statement to indicate your understanding and commitment to adhere to these guidelines throughout the entire season as a valued member of the EHS cheerleading team.*

Conduct

_____ *I will be respectful and responsible towards all members of the Cheerleading Team, including Athletic Directors, Professional Staff, Coaching Staff, Faculty, and teammates.*

_____ *I acknowledge that the EHS Cheerleading Team commitment takes priority over other activities, clubs, or organizations, except academics.*

_____ *I commit to a full-year dedication to the EHS Cheerleading Team. Leaving the team without prior communication and coaching staff approval may result in ineligibility for the following year.*

_____ *As an official representative of EHS, I will uphold the character, tradition, integrity, and spirit of cheerleading. Unsportsmanlike conduct will not be tolerated.*

_____ *I will be punctual and responsible for practices, events, and meetings. Failure to show up without prior notification may result in consequences determined by the coaching staff.*

_____ *I will promote understanding and respect for various opinions, values, and cultural backgrounds, discouraging incidents of prejudice or biases.*

_____ *I will not condone or participate in drug or alcohol use, on or off-campus, in or out of uniform.*

_____ *I will adhere to the rules and regulations set forth by the coaching staff. Any infractions will result in consequences determined by the coaching staff.*

Transportation

_____ Cheerleading Team members are responsible for their transportation to all games, events, camp, and activities. Carpooling is encouraged, and arrangements for out-of-town events will be made when possible.

Financial Obligations

_____ Cheerleading Team members are responsible for personal cheer items' costs (uniforms, camp clothes, shoes, etc.) before participation.

Academic Policy

_____ Maintain a minimum cumulative GPA of 2.5 for eligibility. Coaches will conduct random grade and attendance checks. Communication with EHS faculty will be maintained to monitor academic progress.

_____ In case of academic struggles, coaches may require additional study hours, extra help, or other actions to improve academic performance.

Practices, Athletic Events, and Meetings

_____ Camp, practices, games, and squad functions are mandatory. Missing three functions without proper clearance may result in termination from the squad.

_____ Perform at all games and events as determined by the coaching staff.

_____ Care for all components of the uniform and maintain its acceptable condition.

Attitude and Social Media

_____ I will maintain a positive and sportsmanlike attitude both on and off the field, fostering a supportive and respectful environment within the team and towards opponents.

_____ When representing the EHS Cheerleading Team on social media, I will uphold the same standards of character and integrity expected during in-person interactions.

_____ I understand that comments, posts, or images on social media platforms reflect not only on me but also on the entire EHS Cheerleading Team and the school community.

_____ I will refrain from engaging in any form of cyberbullying, gossip, or negative commentary about teammates, coaches, opponents, or any members of the EHS community.

Appearance

_____ I will adhere to the designated uniform and grooming standards set by the coaching staff for all cheerleading events and activities.

_____ Uniform components, including hair accessories and makeup, should be worn as instructed and maintained in good condition.

_____ Personal hygiene is crucial. I will ensure cleanliness and freshness, considering the physical nature of cheerleading.

_____ I understand that the appearance of all team members collectively contributes to the overall image of the EHS Cheerleading Team. Therefore, I will always present a polished and professional image.

_____ During games, performances, and public appearances, I will project a positive and confident demeanor through body language and facial expressions, enhancing the team's overall presentation.

_____ Any concerns or special considerations regarding appearance should be communicated to the coaching staff promptly.

_____ I will maintain my natural hair color during all cheerleading events and activities, as specified by the coaching staff.

_____ No artificial hair coloring or extreme hairstyles are allowed, ensuring a uniform and cohesive team appearance.

_____ I understand that the EHS Cheerleading Team prohibits the use of artificial nails. Natural, short, and neatly trimmed nails are required for all team members.

_____ Body jewelry, including but not limited to piercings, is not allowed during practices, games, or performances to ensure safety and a professional appearance.

_____ I will promptly address any concerns or seek clarification from the coaching staff regarding appearance guidelines.

I have read the EHS Cheerleading Team commitment agreement. By signing, I understand I must follow the rules. Not doing so may lead to consequences like squad termination or warnings as decided by the coaching staff.

Print Name (Athlete)

Signature (Athlete)

Date

Print Name (Parent)

Signature (Parent)

Date